

Overcoming Your Mindset

Turn reflection into action: take ownership, protect your time, and lead forward.

MINDSET SHIFT • Stop asking “Why is this happening to me?” Start asking “What can I do next?”

1 TAKE OWNERSHIP

What circumstance, obstacle, or frustration have I been giving too much power to?

What part of this situation can I control, and what is one response I can choose?

2 CHALLENGE THE STORY IN YOUR MIND

What belief is keeping me comfortable, hesitant, or stuck?

Rewrite it as a leadership belief that moves you toward action:

3 PROTECT YOUR MOST VALUABLE RESOURCE: TIME

What am I doing that someone else could do, allowing me to focus on work only I can do?

This week, I will intentionally invest time in:

☐ Business Development

☐ Marketing

☐ Mission

☐ Financial Health

4 MOVE FROM “HOW?” TO “WHO?”

Who could help me accomplish a goal faster or better, and what will I ask them to own?

5 YOUR NEXT MOVE

One decision or action I have been delaying:

The specific next step I will take within the next 48 hours:

MY LEADERSHIP COMMITMENT

I _____ will stop giving _____ authority over my future. I will take ownership by

_____.

Your mindset is an asset. Protect it. Challenge it. Keep growing it.