



The Building Freedom Commitment

Before you close this book, make one promise – not to us, but to yourself.

Write down your personal commitment, sign it, and then place it somewhere you'll see it often.

I Choose Affirmations...

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| ☐ I choose progress over perfection. | ☐ I choose to build a business that reflects my values. |
| ☐ I choose courage over comfort. | ☐ I choose to keep going, especially when the road gets difficult. |
| ☐ I choose consistency over comparison. | ☐ I choose to create impact through my work. |
| ☐ I choose learning over fear. | ☐ I CHOOSE TO BUILD FREEDOM. |
| ☐ I choose action over procrastination. | |

My Personal Commitment

The business I am committed to building is: _____

The people I am called to serve are: _____

The fear I am leaving behind today is: _____

Within the next 24 hours, I will take this next step: _____

The one thing I will commit to doing for self-care is: _____

One year from today, I hope I can proudly say: _____

Signature

Date